

MUSA MARTIAL ARTS

Essay Topics for the each belt(current belt)

WHITE BELT: Write about the *Ten Commandments of Tae Kwon Do*.

*Under 7 years old, do not write an essay. Draw a **colorful** picture of your family.

YELLOW I BELT: What kinds of benefits do you expect from learning Tae Kwon Do?

*Under 7 years old, do not write an essay. Draw a **colorful** picture of a Korean flag and an American flag.

YELLOW II BELT: Write about yourself. Include your hobbies, likes, dislikes, etc.)

*Under 7 years old, do not write an essay. Draw a **colorful** picture of your favorite things. (foods, toys, sports, games, etc.)

GREEN I BELT: Explain a favorite block, an attack, and a kick. You can use pictures to support them.

*Under 7 years old, do not write an essay. Draw a **colorful** picture of yourself doing Tae Kwon Do.

GREEN II BELT: Explain your Form [(TaeKuk Sa Jang(#4)]

*Under 7 years old, do not write an essay. What do you want to be when you grow up? Draw a **colorful** picture of yourself as a grown up.

BLUE I BELT: Why do you think we need to spar with each other?

*Under 7 years old, do not write an essay. Draw a **colorful** picture of your sparring class.

BLUE II BELT: Write about respect.

*Under 7 years old, do not write an essay. Draw a **colorful** picture of your Tae Kwon Do masters or school teachers.

RED I BELT: Write about Self-Control.

*Under 7 years old, do not write an essay. Draw what you like about Tae Kwon Do.

RED II BELT: Write a letter to yourself. Include details of how Tae Kwon Do has affected you, your pride, self-confidence, etc.

*Under 7 years old, do not write an essay. Prepare a 3 minute speech about Tae Kwon Do.

PRE-BLACK BELT: Write about your goal after Black belt. Prepare a lecture on your goal.

*Under 7 years old, do not write an essay. Prepare a speech about your goal after Black belt.

DEPUTY BLACK BELT: Write the topic of the benefits you have received since you have joined Tae Kwon Do class.